



Nelson Lodge Spring / Summer 2017 Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch: Alternative meal choices are always available, please ask for today's selection.

Leek & Sweet Potato Soup
Cumberland Sausages with Saute Potatoes & Grilled Tomato
Selection of Assorted Sandwiches including Corned Beef & Pickle
Lime & Coconut Cake with Cream
Apple Pie and Custard

Cream of Tomato Soup
Salmon Pate with Toast
Selection of Assorted Sandwiches including Cream Cheese & Cucumber
Chocolate Chip Buns
Fresh Fruit Salad and Ice Cream

Potato & Watercress Soup
Macaroni Cheese
Selection of Assorted Sandwiches including Tuna Mayonnaise
Homemade Flapjack
Sherry Trifle

Carrot & Coriander Soup
Gammon, Fried Egg & Hash Browns
Selection of Assorted Sandwiches including Roast Beef
Lemon Curd Tarts
Syrup Sponge and Custard

Celery Soup
Cheese Ploughman
Selection of Assorted Sandwiches including Ham & Chutney
Coffee Cake
Macaroon tart with Custard

Chicken & Mushroom Soup
Quiche Lorraine with Broccoli & Saute Potatoes
Selection of Assorted Sandwiches including Egg & Cress
Cherry Shortbread
Creamy Rice Pudding

Summer Vegetable Soup
Homemade Sausage Plait with Side Salad
Selection of Assorted Sandwiches including Prawn Mayonnaise & Lettuce
Boiled Fruit Cake
Plum Crumble & Custard

Evening Meal: Alternative meal choices are always available, please ask for today's selection.

Poached Cod with Cheese & Chive Sauce
Savoury Crumbed Chicken Breast
Savoury & Creamed Potatoes
Roasted Vegetables & Green Beans
Bakewell Tart with Custard

Pork Steaks with Carrot & Peppers
Braised Liver & Onion Casserole
New & Creamed Potatoes
Braised Cabbage & Puree Swede
Rhubarb & Ginger Crumble with Vanilla Sauce

Roast Beef with Yorkshire Puddings
Homemade Fishcakes with Parsley Sauce
Roast & Creamed Potatoes
Cauliflower & Glazed Carrots
Semolina Pudding with Jam

Creamy Chicken Casserole
Beef and Vegetable Pastie
Rice & Creamed Potatoes
Sweetcorn & Broccoli
Summer Pudding with Ice Cream

Deep Fried or Poached Fish with Parsley Sauce
Braised Sausages in Barbeque Sauce
Chipped & Creamed Potatoes
Mushy Peas or Garden Peas
Apple Meringue

Beef Bourguignon
Honey Baked Gammon
Parsley & Creamed Potatoes
Braised Red Cabbage & Mixed Vegetables
Melon & Peach Salad with Evaporated Milk

Roast Turkey with Sage & Onion Stuffing
Spanish Frittata
Roast & Creamed Potatoes
Carrots & Brussels Sprouts
Strawberry Gateau with Cream



Nelson Lodge Spring / Summer 2017 Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch: Alternative meal choices are always available, please ask for today's selection.

Cream of Broccoli Soup
 Herby Chicken Goujons & Salad
 Selection of Assorted Sandwiches including Salmon & Cucumber
 Viennese Tarts
 Sponge Roll & Ice Cream

Cream of Mushroom Soup
 Seafood Pancakes
 Selection of Assorted Sandwiches including Cream Cheese & Celery
 Swiss Roll
 Vienetta Ice Cream

Roasted Vegetable Soup
 Selection of Cold Meat, Salad & Pickles
 Selection of Assorted Sandwiches including Ham Salad
 Buttered Malt Loaf
 Sherry Trifle

Lentil & Red Pepper Soup
 Jacket Potatoes with Cheese & Coleslaw
 Selection of Assorted Sandwiches including Tuna Savoury
 Honey Cake
 Strawberry Cheesecake

Oxtail Soup
 Poached Egg on Toast
 Selection of Assorted Sandwiches including Chicken Savoury
 Fruit Scones
 Semolina with Jam

Split Green Pea Soup
 Red Onion Quiche & Salad
 Selection of Assorted Sandwiches including Egg & Luncheon Meat
 Butterfly Cakes
 Bananas & Custard

Cream of Cauliflower Soup
 Savoury Mushroom Vol Au Vents with Salad
 Selection of Assorted Sandwiches including Cheese Savoury
 Victoria Sandwich
 Fresh Fruit & Jelly

Evening Meal: Alternative meal choices are always available, please ask for today's selection.

Pork Fricassee
 Turkey Escalope
 Saute & Creamed Potatoes
 Ratatouille & Garden Peas
 Apricot Bread & Butter Pudding with Custard

Savoury Mince Beef & Dumplings
 Toad in Hole & Rich Onion Gravy
 New & Creamed Potatoes
 Braised Celery with Leeks & Carrots
 Baked Rice Pudding

Cumberland Sausage in Rich Onion Sauce
 Chicken and Sweet Pepper Stir Fry
 Potato Wedges & Creamed Potatoes
 Broccoli & Medley of Vegetables
 Apple Pie with Custard

Roast Chicken with Sage & Onion Stuffing
 Corned Beef Pie
 Roast & Creamed Potatoes
 Diced Swede & Savoy Cabbage
 Lemon Sponge with Lemon Sauce

Deep Fried or Poached Fish in Parsley Sauce
 Savoury Meat Balls in Gravy
 Chipped & Creamed Potatoes
 Mushy Peas or Garden Peas
 Strawberry Cheesecake

Turkey in Cheese & Leek Sauce
 Beef Madras
 Parsley & Creamed Potatoes
 Broad Beans & Glazed Carrots
 Sticky Toffee Pudding with Butterscotch Sauce

Roast Pork with Apple Sauce
 Pan Seared Hake
 Roast & Creamed Potatoes
 Roast Parsnips & Green Beans
 Fruit Meringue Nests

Nelson Lodge Spring / Summer 2017 Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch: Alternative meal choices are always available, please ask for today's selection.

Sweet Potato Soup
Bolognese Pasta
Selection of Assorted Sandwiches including Roast Pork
Passion Cake
Summer Fruit Crumble & Custard

Carrot & Coriander Soup
Mini Mixed Grill with Chips
Selection of Assorted Sandwiches including Bacon, Lettuce & Tomato
Date & Walnut Cake
Fruit Fool

French Onion Soup
Corned Beef Hash
Selection of Assorted Sandwiches including Cheese & Beetroot
Eccles Cake
Pear Sponge & Custard

Leek & Potato Soup
Cheese & Tomato Pizza
Selection of Assorted Sandwiches including Egg & Watercress
Madeleines
Creamy Rice Pudding

Cream of Chicken Soup
Bacon, Egg & Potato Pie
Selection of Assorted Sandwiches including Cream Cheese & Pineapple
Ginger Cake
Fruit Flan & Cream

Tomato & Basil Soup
Fish Goujons with Savoury Potatoes
Selection of Assorted Sandwiches including Tuna Mayonnaise
Citrus Rock Bun
Cherry Sponge & Custard

Vegetable Soup
Prawn Salad
Selection of Assorted Sandwiches including Roast Ham
Chocolate Choux Buns
Lemon Mousse

Evening Meal: Alternative meal choices are always available, please ask for today's selection.

Smoked Haddock with Parsley Sauce
Steak and Ale Pie
Minted New Potatoes & Creamed Potatoes
Sweetcorn & Broccoli
Treacle Tart with Custard

Meat Balls in a Rich Tomato Sauce
Tuna Fishcakes
Boiled & Creamed Potatoes
Creamed Swede & Mixed Vegetables
Fruit Fool with Shortbread Biscuit

Roasted Honey & Mustard Glazed Ham
Sauted Lambs Liver & Fried Onions
Roast & Creamed Potatoes
Cauliflower Cheese & Green Beans
Pear Sponge with Chocolate Sauce

Sweet & Sour Pork with Rice
Mince and Vegetable Pastie
Rice & Creamed Potatoes
Cabbage & Carrots
Bananas & Custard

Deep Fried or Poached Fish in Parsley Sauce
Shepherds Pie
Chipped & Creamed Potatoes
Mushy Peas or garden Peas
Summer Fruit Jelly & Ice Cream

Spanish Chicken Lancashire Hot Pot
Saute & Creamed Potatoes
Roasted Vegetables & Green Beans
Tapioca Pudding with Peach Coulis

Roast Beef with Yorkshire Pudding
Pan Fried Cod
Roast & Creamed Potatoes
Carrots & Brussels Sprouts
Fruit Flan

Nelson Lodge Spring / Summer 2017 Week 4

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch: Alternative meal choices are always available, please ask for today's selection.

Asparagus Soup
Breaded Chicken with
Coleslaw
Selection of Assorted
Sandwiches including
Roast Beef & Mustard
Marble Cake
Apple Crumble &
Custard

Cream of Chicken Soup
Home Cooked Ham &
Chips
Selection of Assorted
Sandwiches including
Egg & Cress
Chocolate Shrewsbury
Biscuits
Peaches with Cream

Broccoli Soup
Fishcakes with Garden
Peas
Selection of Assorted
Sandwiches including
Tuna Savoury
Hot Buttered Crumpets
Chocolate Mousse

White Onion Soup
Bacon, Sausages &
Tomatoes
Selection of Assorted
Sandwiches including
Chicken Mayonnaise
Sultana Cake
Sago with Jam

Lentil Soup
Cheese & Onion Bubble
& Squeak
Selection of Assorted
Sandwiches including
Sausage & Chutney
Lemon Cheesecake
Prunes and Custard

Beef & Tomato Soup
Sardines on Toast
Selection of Assorted
Sandwiches including
Salmon & Cucumber
Orange Drizzle Cake
Mixed Fruit Crumble &
Custard

Pea Soup
Scotch Egg Salad
Selection of Assorted
Sandwiches including
Prawn & Lemon
Mayonnaise
Fresh Cream Slice
Semolina

Evening Meal: Alternative meal choices are always available, please ask for today's selection.

Pork & Bean Casserole
Braised Steak in Rich
Onion Gravy
Potato Wedges &
Creamed Potatoes
Steamed Leeks &
Broccoli
Plum Crumble with
Custard

Cottage Pie
Breaded Hake
New & Creamed
Potatoes
Mixed Vegetables &
Cauliflower
Ground Rice Pudding

Roast Chicken & Sage
& Onion Stuffing
Chilli Con Carne
Roast & Creamed
Potatoes
Carrots & Sweetcorn
Apple Sponge with
Vanilla Sauce

Boiled Beef & Carrots
Vegetable Risotto
Lyonnaise & Creamed
Potatoes
Buttered Cabbage &
Diced Swede
Stewed Prunes &
Custard

Deep Fried or Poached
Fish in Parsley Sauce
Stuffed Mushrooms
Chipped & Creamed
Potatoes
Garden or Mushy Peas
& Grilled Tomato
Chocolate Mousse

Chicken & Ham Pie
Beef and Sweet Pepper
Stir Fry
Buttered Sweet Potato
& Creamed Potatoes
Ratatouille & Carrots
Queen of Puddings

Roast Lamb & Mint
Sauce
Seafood Platter
Roast & Creamed
Potatoes
Cauliflower & Cabbage
Banana & Strawberry
Salad